

Week 7	Objectives (knowledge/skills/attitudes)	Tasks	Resources
1.	Review of people/program	<p><b>Activity 1– Last Lesson in this series. Feedback?</b></p> <ul style="list-style-type: none"> <li>• What did they like best/ least?</li> <li>• What activity was easiest/ hardest?</li> </ul> <p>Hand out invitations to visit the Croquet Club to participate in free, planned activities in the school holidays or at weekends. Encourage children to bring parents and siblings to play.</p> <p><b>Review basic concepts of game</b></p> <ul style="list-style-type: none"> <li>• Correct method to stroke the ball</li> <li>• Other types of strokes and why they are useful</li> <li>• Ball sequence, hoop running and method for scoring</li> <li>• What are fouls, how do they occur and what are the consequences</li> </ul>	Croquet court/s lawns, mallets, sets of balls, advertising flyers for the club
2.	Warm up/ Give children particularly the younger children an easy activity which is fun.	<p><b>Activity 2 – Game ‘Flip It’ from AASC’s DVD</b></p> <p>For each group use a designated area. Organise 2 teams. Each player has a cone. The members of one team put all cones round side up but the other half put their cones with round side down. On signal, teams compete for time (45 seconds for example) to run into court, turn as many cones as possible to match the position (up or down) for their team and return to start position. Winning team is one with most cones set up their way.</p> <p><b>Change it.</b></p> <p><i>How to make it harder/easier? Make uneven team / make area smaller/ larger. Hop/ skip/ jump to move to cones.</i></p>	Witches’ hats mark out the area, dome shaped markers
3.	Younger Children Target practice Practise striking ball	<p><b>Activity 3 Younger Children</b></p> <p>Rotation through various activities from earlier sessions.</p> <ul style="list-style-type: none"> <li>• hit the ball to each other using SSSSS method</li> <li>• hit the ball through the markers/ gates in one hit</li> <li>• hit the target balls (croquet or gateball) from 1 metre away.</li> <li>• hit marker pegs from 1 metre away</li> <li>• hit ball from starter cone, through all hoops of mini croquet court, to the finish marker</li> <li>• hit the ball onto the target sheet to get best score</li> <li>• play a 4 or 6 ball game on smaller court</li> </ul> <p><b>Change it</b></p> <p>How to make it harder/easier. Make distance longer/shorter. Make width between markers narrower/wider. Use a hoop instead of marker.</p>	Hoops set up like mini croquet court, Extra croquet balls as targets, extra hoops and pegs, target sheets showing different target configuration, cones

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4.	<b>Older Children</b> <b>Practice skills already learned</b>	<b>Activity 3 - Older Children</b> Practice of skills <ul style="list-style-type: none"> <li>• stroking the ball in one hit to travel through two markers</li> <li>• stroking the ball to partner over short then long distances</li> <li>• roquet of another ball over short then long distance</li> <li>• stop shot over short and long distance</li> <li>• stroking the ball from a corner of the court to the peg</li> <li>• running hoops from the edge of the court</li> </ul>	Markers
5.	<b>Tactics</b>	<b>Activity 4 – Demonstrate the following tactics</b> <ul style="list-style-type: none"> <li>• In doubles it may be necessary to sacrifice your own attempt to run a hoop if you have little chance of success, by promoting your partner’s ball to a good position or clearing away the opposition ball. Team effort!!</li> <li>• Placing a ball to block the opposition from scoring rather than hitting it away.</li> <li>• If you are on the wrong side of the hoop, your ball could come through the “back door” to block an opponent’s shot and hopefully maintain the spot until your next turn.</li> <li>• A jump shot.</li> </ul> <b>NB. If children are competent and high school age, perhaps teach the jump shot off the court before attempting any actions on the court!</b>	Croquet court/s, mallets, sets of balls
6.	<b>Gateball Court</b>	<b>Activity 5 - Playing a complete game</b> <ul style="list-style-type: none"> <li>• Form group into pairs for the doubles competition.</li> <li>• Walk the students around the court to show the correct method of running hoops 7-12.</li> <li>• Explain what happens if the score is 6-6 and where the decider hoop is located.</li> <li>• Play the game until the winning pair in each game is decided.</li> </ul>	As above + plastic pegs/ clips/ pipe cleaners for scoring
7.	<b>Finish up and review</b>	<b>Activity 7 – Walk about, talk about</b> Check the scores. What was easy / difficult/ enjoy the most? <ul style="list-style-type: none"> <li>• Children to walk round to collect equipment and bring back to group</li> <li>• Stretch tired parts of the body</li> <li>• Talk about the session (What did you enjoy about today? What was easy/ hard? What would you like to do again? What else could we do?)</li> <li>• Ensure all children have the invitation to visit the club.</li> </ul>	

**Comments** (Evaluation/ what next?)